

SUMMER AQUA FITNESS

Effective June 14, 2010—August 7, 2010

Mon	Tue	Wed	Thu	Fri	Sat	
8:00a Water Track w/Ila Outdoor	8:00a Water Track w/Betsy Outdoor	8:00a Water Track w/Betsy Outdoor	8:00a Water Track w/Ila Outdoor	Remember to Wear Your Water Shoes to Water Track Classes!!		
9:00a Deep Water w/Ila Outdoor	9:00a Aqua Blast w/Betsy Indoor	9:00a Deep Water w/Betsy Outdoor	9:00a Aqua Blast w/Ila Indoor			9:00a Deep Water w/Kim Outdoor
11:00a Aqua Fit w/Ila Indoor		11:00a Aqua Fit w/Betsy Indoor				11:00a Aqua Blast w/Jennifer Indoor
7:00p Aqua Blast w/Kathi Indoor	6:00p Aqua Blast w/Kathy Indoor	7:00p Aqua Blast w/Monica Indoor	6:00p Aqua Blast w/Kathi Indoor			

Questions or comments? Contact Eric
 Phone: 317.573.4031
 Email: emehl@carmelclayparks.com

All classes and instructors are
 subject to change. Cancellations may
 occur due to low participation.

E-mail Updates:

If you would like to receive e-mails with Aqua
 Fitness schedule changes and updates, please
 contact Eric Mehl with your e-mail address.

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