

# Woodbrook

## Monday Clubs

### AM Club (7:30)

**Kinetic Sand:** All of the fun of playing in the sand with none of the mess!

**Overall Goal of Club:** Students will use their imagination to create with sand.

**State Academic Standard Incorporated:** Science (Technology and Science)

**Club Highlights:** Snowflakes, Animals, Castles

### PM Clubs (4:30)

**Catch Me If You Can:** Let's see who has those fast feet! Come learn a new game while having fun!

**Overall Goal of Club:** Students will work individually and as a team to keep their bodies and feet in motion,

**State Academic Standard Incorporated:** Physical Education (Motor Skills and Movement Patterns)

**Club Highlights:** Catch Up, Shoe Relay, Sharks & Minnows

**Ballin' Bingo:** B-I-N-G-O! BINGO! Come test your luck with a game of Bingo!

**Overall Goal of Club:** Students will concentrate and work individually to complete their bingo boards.

**State Academic Standard Incorporated:** English/Language Arts (Reading)

**Club Highlights:** Winter Bingo, iSPY Bingo, H Challenge

**Relaxation Station:** Relax and take a deep breath... then stretch!

**Overall Goal of Club:** Students will participate in health enhancing physical activity and learn the art of meditation.

**State Academic Standard Incorporated:** Physical Education (Athletics & Sportsmanship/Thinking)

**Club Highlights:** Calm Breathing, Space Awareness, Basic Stretches