

## Prairie Trace

### AM Clubs (7:30-8:00)

**Strike a Pose Yoga!:** Bend and stretch it out as we get a flexible start to the day.

**Overall Goal of Club:** Students learn ways to calm down and relax when feeling stressed or overwhelmed.

**State Academic Standard Incorporated:** Physical Education (Motor Skills and Movement Patterns)

**Club Highlights:** Pokémon Yoga, Fairy Floss yoga, Harry Potter yoga

### PM Clubs (4:30-5:30)

**(k-2/3-5) Tag-errific:** Run, run, as fast as you can! Play a variety of tag games to get your heart racing every Monday. This club is a PTE favorite.

**Overall Goal of Club:** Students will be able to participate in physical activities requiring teamwork and coordination.

**State Academic Standard Incorporated:** Physical Education (Motor Skills and Movement Patterns)

**Club Highlights:** Blob Tag, Zombie Tag, Spud Tag

**Dinosaur Discovery:** Let's discover some dinosaurs!

**Overall Goal of Club:** Students will be able to participate in activities and crafts related to dinosaurs.

**State Academic Standard Incorporated:** Fine Arts: Visual Art (Creating Art: Studio Production)

**Club Highlights:** Dinosaur fossils, Pasta dinosaur skeletons, dinosaur egg excavation

**Fantasy Football:** Want to be a GM for your own NFL team? Here is the place to be.

**Overall Goal of Club:** To use math and statistics to keep score of your NFL team.

**State Academic Standard Incorporated:** Mathematics (Operations & Algebraic Thinking)

**Club Highlights:** RB, QB, WR