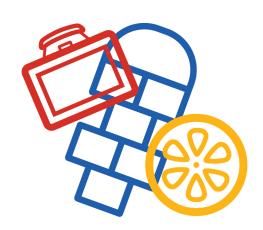
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## NEWS VIEWS



## **AWARENESS: A TALK FROM NURSE PAUL**

Nurse Paul came to speak to the Smoky Row students in September to talk about how to not spread germs. This was a very valuable talk considering that we are entering flu season and the weather will be starting to get chilly soon. During Nurse Paul's presentation, she talked about how the foundation of stopping germs from spreading is when a person washes their hands correctly. Students went over all 5 steps involved with washing your hands which are: wetting hands, adding soap, washing the soap over their hands, rinsing the soap off, and finally drying their hands well.



She then led a demonstration on how easy it is to spread harmful germs when they are left on a person's hands. She selected a few volunteer students from the crowd and had them stand side by side in a line. Alex V. was the first person and he was given lotion with glitter in it to put on his hands. After spreading it around his hands, Alex V. was told to give the next person in line a high five. Each person gave the person next to them a high five until everyone in the line came in contact with the glitter lotion. Afterward, the students could all see that the glitter from the lotion spread to each person in the line. What a great lesson and visual example! ESE is grateful to Nurse Paul for her visit!

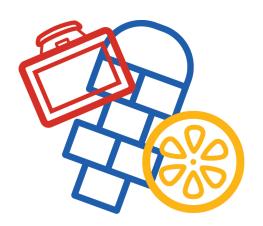
## **HOORAY FOR FALL BREAK**

In the last weeks of September, students talked a lot about what they are going to be doing for Fall Break. Excitement is at an all-time high. Students and their families have a variety of different things planned. Everything from staying around town and enjoying the outside to traveling to an exciting destination.



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## NEWS VIEWS



Elias D. and his family are planning to enjoy the outdoors and camp out at a local campground. Cooper and Luca R. are looking forward to playing in the leaves and hanging out with their friends outside. Lucy L. is going to the suburbs of Chicago to have a special visit with her nonna.

She taught staff at ESE that nonna is the Italian word for grandma. Ryland T. will be taking an awesome trip to St. Louis to visit far away friends. Isla and Dawson M. will be going with their parents to Disney World! Dawson is super excited to try out the brand new Star War rides! It sounds like Fall Break will be an exciting and joyful time for all! Pictured are Cooper R., Luca R., Isla M., Lucy L., and Dawson M.

