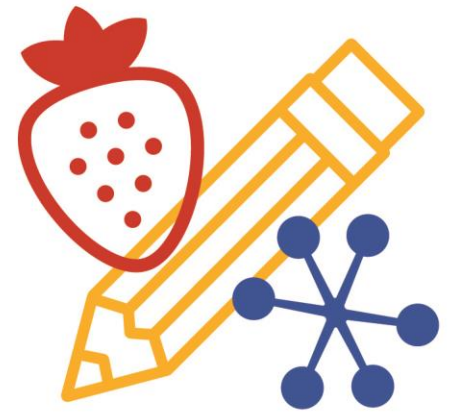


extended school enrichment

AWARENESS



SITE PLAN #3 January 7 –March 13

Bucket Fillers	Topic Presentation	Reminder of what a bucket filler is: How do you fill your friend's buckets? Those in your family?	January 10 th 3:15-3:30
Bucket Fillers	Awareness Project	We will take time today to fill each other's buckets, and make bucket baggies to take home to family.	January 17 th 3:15-3:45
Bucket Fillers	Student Reflection	What were your thoughts on getting your bucket fillers? How can we keep that feeling going for ourselves and others?	Jan. 24 3:45-4:30
Practice Positivity	Topic Presentation	Students will discuss what it means to speak to yourself using encouragement and compassion instead of doubt, criticism and negativity.	Jan. 31 3:45-4:30
Practice Positivity Reflection	Awareness Project	Create a superhero using yourself as a template. In the drawing activity, students will create a happy superhero who reassures them with positive words and encouragement.	Feb. 7 3:45-4:30
Practice Positivity	Student Reflection	Impromptu Positivity Reflection. The students will reflect on and and discuss the importance of being positive towards themselves and others.	Feb. 14 3:45-4:30