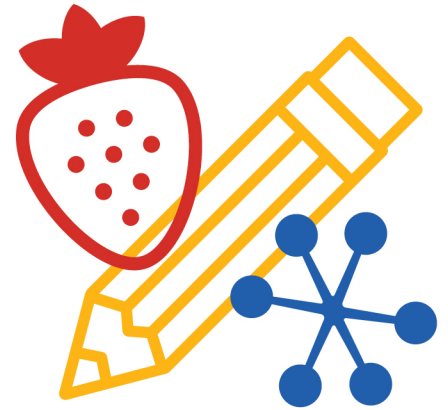


extended school enrichment

ACTIVITY PLANS



College Wood Site Plan | AM Activities (7:00-7:25)

Monday: The Gym is Open – students will have a variety of gym equipment to choose from each week.

Tuesday: Board Games – Every week students will play a different board game such as Sorry, Trouble, or Connect 4

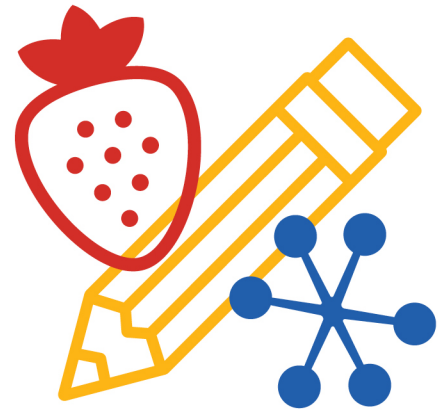
Wednesday: Dodgeball – Dodge left, dodge right, and don't get hit! Students will play different games of dodgeball such as Fitness dodgeball, backboard dodgeball, and medic dodgeball

Thursday: Seek, Search & Find – This club is all about engaging your brain. Students will solve word searches, mazes, crosswords, and picture finds.

Friday: Jump Rope Games – Let's start off the weekend with some jump roping. Students will pick between jump the creek, regular jump roping, and double dutch.

extended school enrichment

ACTIVITY PLANS



College Wood Site Plan | PM Activities (4:15-5:15)

August 13-14, August 30-September 4, September 21-25, October 12-14

Kickball – Students will play different versions of kickball such as regular, German, and Everyone Runs

String Crafts – Students will make different crafts that use string such as friendship bracelets, lanyards, or dreamcatchers

Relay Races – This club will have a new relay challenge every time. Students will run, jump, crawl, and work together as a team to accomplish a goal.

Sidewalk Chalk – Let's relax and draw some pictures on sidewalk! This club will get kids outside and creating a large piece of art.

Scoops & Jump Ropes – Scoops are a great way to practice hand eye coordination! We'll pair students up to practice throwing and catching. Jump Ropes are a great way to get the heart rate going too!

August 17-21, September 7-11, September 28-October 2

Silent Ball & Ball Tag – Both games only require a dodgeball! Toss the ball without talking in silent ball and tag a classmate with a dodgeball in ball tag. No contact required!

Cards – Each week students will play different card games such as Phase 10, War, or Spoons

Soccer – Let's practice our dribbling and passing skills. Students will work on skills each week and practice with a scrimmage.

Fuse Beads – Everyone loves fuse beads! Students will create different themes project out of fuse beads that staff will iron.

Knockout – Make the basket before someone behind you does. This non-contact basketball game will help student practice their free throw shooting skills under pressure.

August 24-28, September 14-18, October 5-9

4-Square – This classic playground game practices hand eye coordination. Staff will introduce new special rules to the game each week.

Paper Plate Crafts – White paper plates are a perfect template for so many crafts. Each week students will make a different craft out of paper plates, such as swimming jelly fish and pizzas.

Mileage – Lace up those tennis shoes and get ready to run or walk. This club is all about completing as many laps as possible during the club time. Run, walk, or skip – whatever it takes to get those laps!

Pictionary & Charades – In this club, students will practice their drawing and acting skills. Staff will provide students with words or phrases to act our or draw for the rest of the group to guess.

Volleyball – Bump, set, spike! We'll practice key volleyball skills in this club like serving, passing, and getting the ball over the net. Students will practice their skills with a scrimmage each week.

COLLEGE WOOD ELEMENTARY

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Parks&Recreation