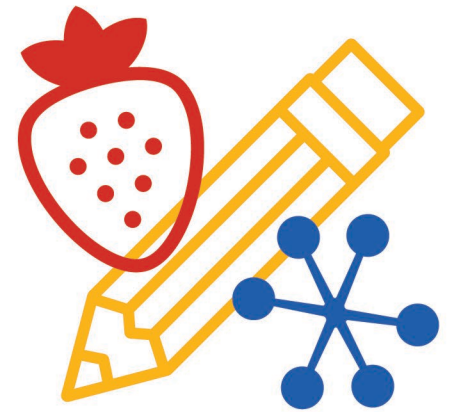


extended school enrichment

AWARENESS



SITE PLAN #3 January 5 - March 12

Mindfulness & STEM	Description	Date & Time
Every Monday Matters: Monday gets Mindful: Choose Civility (Gift of Grace Activity)	Follow the guided questions from the Monday gets Mindful Choose Civility plans. Discuss civility and what that means. Using the guided plans, ask the warm-up questions to introduce the activity. Next, set up the activity according to the plans. Then, start the Gift of Grace activity. Finish by discussing the follow up questions provided in the plans.	Jan. 8 2:35-3:05 PM (3-5) 3:10-3:40 PM (K-2)
STEM Activity: Why is the Sky Blue?	Why is the Sky Blue? Using the lesson plans provided, discuss weather and the specifically the sky. The plans also cover the reflection of light and rainbows. You will discuss how their eyes are able to see the color in those rainbows. After this, follow the plans for the experiment in front of the group.	Jan. 15 2:35-3:05 PM (3-5) 3:10-3:40 PM (K-2)
Monday gets Mindful: Turn the Page (Kick-off introduction and Essential Shout-Out Activity)	Follow the guided questions for the Monday gets Mindful Kick-Off and You Matter plans. Follow the highlighted plans to discuss what turning the page means and how each of us can accomplish this. Continue with the Essential Shout-Out activity. Introduce the activity by asking the warm-up questions. Next, set up the activity according to the plan. Do the activity and then follow up with the ending questions provided in the plans.	Jan. 22 2:35-3:05 PM (3-5) 3:10-3:40 PM (K-2)
STEM Experiment: Fireworks in a Jar	Begin the lesson by discussing oil and water. What do they know about both substances? Differences? Similarities? Will they mix? Next, conduct the experiment in the front of the room where all the students can see. Discuss what they observed. Follow up with the lesson plans on the science behind the experiment.	Jan. 29 2:35-3:05 PM (3-5) 3:10-3:40 PM (K-2)
Monday gets Mindful: Turn the Page (Mindfulness Methods activity)	Using the guided questions from the Monday Gets Mindful Turn the Page We Matter plan, introduce the Mindfulness Methods activity. Start with the provided warm-up questions. Next, set up the activity according to the plans. Begin the Mindfulness Methods activity by following the plans provided. Follow up the activity by asking the provided questions in the plans.	Feb. 5 2:35-3:05 PM (3-5) 3:10-3:40 PM (K-2)
STEM Experiment: Orange Buoyancy Science Experiment	Following the lesson plans, introduce the activity by reading the first paragraph provided. Discuss buoyancy and what that means. Discuss sinking and floating. Discuss predictions and have the students predict if the orange will sink or float. Conduct the experiment according to the directions. Discuss the end results and science behind it (also provided in the plans).	Feb. 12 2:35-3:05 PM (3-5) 3:10-3:40 PM (K-2)

CHERRY TREE ELEMENTARY

Monica Haddock, Site Supervisor
mhaddock@carmelclayparks.com | 317.698.6579

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Parks & Recreation