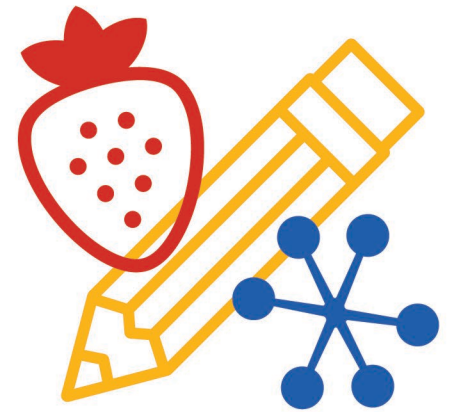


extended school enrichment

AWARENESS



SITE PLAN #3 January 5-March 12

STEM Activity	Description	Date & Time
Create Your Own Exercise	Students will get into small groups and come up with their own exercises to teach the rest of the group. Students will also have gym supplies to use if they wish. Each group will have a chance to show the students in their group their exercise routine.	1/5 4:15-5:15
Pom Pom Drop	Students will work in small groups to create a tunnel course out of paper towels rolls and paper to drop pom poms in. They can then show the other groups what they have created.	1/6 4:15-5:15
Heart Rate Challenge	Staff will give students a list of different active games and exercises. Students will then make a guess about which activity will make their heart rate go up the most. After they make their guesses, students will do all of the activities and count their heart rate after each one and record it.	1/7 4:15-5:15
Crystal Names	Students will start off with pipe cleaners and spell out their name. They will then use a variety of ingredients to make their names grow into crystals.	1/8 4:15-5:15
Basketball Bounce	Students will be making guesses about different experiments using a basketball. Once students record their guesses, they will test them out. Students will be learning about geometry, kinetic energy, and the physics behind a bouncing ball.	2/8 4:15-5:15
Exploding Boomerangs	Students will learn how to create boomerangs out of popsicle sticks. When they throw their boomerangs, it will “explode” when it hit an object.	2/9 4:15-5:15
Hula Hoop Team Building	Students will be completing a list of challenges with hula hoops with their group. Students will have to work together and use their communication skills to complete the challenges.	2/10 4:15-5:15
Pipe Cleaner and Foil Challenge	Students will be split into small groups to try and complete different building tasks. They will only be given foil and pipe cleaners and can not use any other supplies.	2/11 4:15-5:15

COLLEGE WOOD ELEMENTARY

Audrey Cooper, Site Supervisor

acooper@carmelclayparks.com | 317.418.5267

Carmel • Clay
Parks & Recreation