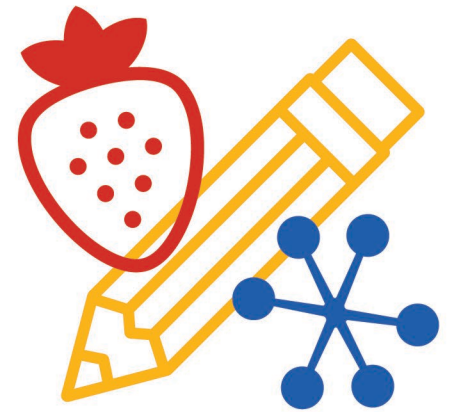


extended school enrichment

# AWARENESS



## SITE PLAN #4: March 15-May 26

Activity	Description	Date & Time
STEM	Toothpick Towers! Students will receive their own playdoh and toothpicks to engineer the highest tower. <a href="#">Toothpick-Towers-STEM-Quick-Win-1.pdf (myftpupload.com)</a>	3/26 K-2 3:10pm 3-5 2:35pm
Mindfulness	Sending Kind Wishes! Students will practice kind thoughts by thinking of 5 people they'd like to send kind wishes. We will record our kind wishes on post-its by writing down a kind wish or something that we like or are thankful for about the other person.	4/16 K-2 3:10pm 3-5 2:35pm
STEM	Estimation Jars! Students will guess-timate the number of objects in the jar to see who can come closest to the correct number. <a href="#">Estimation-Jar-STEM-Quick-Wins.pdf (secureservercdn.net)</a>	4/23 K-2 3:10pm 3-5 2:35pm
Mindfulness	Total Body Relaxation! Students will practice tensing different muscles in the body for 5 seconds and then slowing releasing. We will lay down on our back and start at the feet working all the way up the body tensing and releasing each muscle group.	5/7 K-2 3:10pm 3-5 2:35pm
STEM	Spot 5 Signs of Spring Nature Hike! Spring has sprung. Students will take stock of the natural world around them by identifying signs of Spring. <a href="#">Spot 5 Hike Signs of Spring - YouTube</a>	5/1 K-2 3:10pm 3-5 2:35pm 4
Mindfulness	Mindful Snack! Today, student will have a 'mindful' snack by describing the smell, texture and taste of the food as they eat.	5/21 K-2 3:10pm 3-5 2:35pm

CHERRY TREE ELEMENTARY

Monica Haddock, Site Supervisor  
mhaddock@carmelclayparks.com | 317.698.6579

Carmel • Clay  
Parks & Recreation